



RFRC Committee Meeting Minutes

6th May 2015 – The Kings Arms

Chair: Peter Hall (PH)

Present: Phil Wilson (PW), Kate Mackenzie (KM), Ron Foord (RF), Nadine Prouse (NP), Kris Saint (KS), Liz Williams (LW), Lee Macklin (LM)

- **Apologies:** Malcolm Boon (MB), Mike Nicholls (MN), Sandra Williams (SW)
- **Previous minutes**

The minutes were approved with the following observations:

Track. RF questioned whether SW has spoken to Jo Carritt about setting up taster sessions for beginners at track and generally making the track seem less daunting. RF agreed to speak with Jo about this.

LM suggested taking a video of a track session to put onto Facebook to show what happens to anyone thinking of attending. This was agreed.

- **Membership Report**
 - The final membership figures for the previous year was 270 members which included 22 who joined during the first three months of the calendar year and so will continue to be members into 2015/16.
 - As of the meeting 135 members have renewed. We have 12 new members.
 - 47 members have requested ICE tags
- **Newsletter**
 - KM stated that she has failed to get to grips with Mailchimp and feels that this is a stumbling block for the newsletter
 - LW proposed that she create and edit the first newsletter using Mailchimp which can then be used as a template for further issues. This was accepted.
- **Club “takeover” of parkrun**
 - PW reported that recently Quantock Harriers had carried out a parkrun “takeover” where they filled all but a few core roles at one of the events. It was proposed that we do the same with the exception that since the club has several members of the parkrun core team, that we could take fill every volunteer role. This would be not only an excellent opportunity to publicise the club. It is also a way for the club to put give something back to the local running community

- A date of 11th July was proposed and accepted. PW to put this to the parkrun core team.
- **Club Charities**
 - It was proposed that the club should support one or more chosen charities throughout the year.
 - Local charities were preferred by most.
 - KM to produce a shortlist for the next committee meeting.
- **Event Clips**
 - This was proposed by MB (not present) via PW. Event Clips are a neat way of attaching race numbers to shirts etc without damaging the material. There are a number of rival devices that are similar in operation. Event Clips (and presumably the other types) can be customised with club colours and logo which will give us a bit of extra publicity at races.
 - RF to investigate and report back to the next committee meeting.

The following were items raised from the floor at the AGM.

Annual Trip to an Overseas Race

KS to investigate and report back to the next committee meeting

Club Records and News on Website not being kept up to date

LM now has responsibility to update the news and events on the website.

PW to update club records but can only do so when given details!

Beginners/10k training Group

PW reported that there are no beginners on Thursday now and the session tends to be used by former beginners as an extra run or for those who are unable to get to the club on Wednesdays. PW felt that this is manageable as long as the group organises itself.

PW to start a new beginners group. LW to work on publicity. Post Committee Note: I feel that a return to a format with a set number of weeks is better though with enough flexibility to suit those that turn up. This format benefits from a specific end where runners can either join the main Weds group or continue to run with the informal Thursday group.

10k training group. There are a number of different formats varying from Couch to 10k to improvers 10k groups. Some can be run on Wednesdays and others possibly on Thursdays. PW and SW to investigate programs but both are unwilling to lead these groups. It was proposed instead that a rota of committee members (and possibly other club members) be put together to lead whatever groups are run.

KM asked whether it was time to start a training group for the Taunton 10k now. PW suggested it was too early and that early July allowed plenty of time though it wasn't without problems since hot weather and family holidays tended to get in the way!

Posts to the club FB page

It was suggested that only one person commented on the page to give some sort of consistency.

Content on Facebook Group

The consensus was that if any posts offended they have to be reported. The report post button sends a message directly to Peter as administrator who can remove posts before they become a problem.

Group Leaders Minutes

The minutes from the last meeting will be published on Facebook.

A further meeting of Group Leaders will be arranged soon.

Pace Differences in some of the Groups

It was proposed that a new group between the existing groups 2 and 3 is needed. This group will need a new group leader. This is to be discussed further at the next group leaders meeting.

Name Groups after their pace

This was not agreed as it was felt not only to lead to more not less confusion.

Reciprocal Marshalling at Tri Club Events

This was agreed to be a good thing generally.

LW to produce a club flier for general publicity of the club which NP can get printed at a good price. These can be distributed locally and at local races etc.

AOB.

- LM requested admin access to the club Facebook group which was agreed.
- KM has personally nominated the club for the annual SASP awards.
- LW proposed buying some banners to publicise the club. This to be investigated and reported back to the next committee meeting.
- LW to investigate and report back on car stickers
- NP commented that her posts and suggestions made on the committee Facebook were being ignored sometimes.
- NP stated she was highly embarrassed because there were no minutes from the previous meeting at this year's AGM.

Next meeting date –1st July 2015