

RFRC Committee Meeting

4 November 2015 - King's Arms

Present: Sandra Williams (Chair), Nadine Prouse, Kate Mackenzie, Malcolm Boon, Phil Wilson, Peter Hall

In Attendance: Val Perigo

1 **Apologies**

Liz Williams, Mike Nicholls, Kris Saint, Ron Foord

2 **Review of Previous Minutes**

Website: (Action SW & PW)

- New club on page but otherwise as last minutes.

Flier: (Action MB)

- MB will collect fliers from PW for distribution.

Car Stickers: (Action ND & PW)

- NP advised meeting that 300 20cm x 5cm stickers would cost £120. ND will pass details to PW who will look at a design.

Banners: (Action LW & PW)

- LW and PW working on this.

Club funded level 1 coaching course: (Action PW)

- PW to chase SASP for their promised funding.

Longrun Lollop: (Action PW)

- Provisionally booked on Monday 28 Dec 2015. PW will invite Quantock Harriers, Taunton AC and Taunton Running Club.

Facebook/Twitter: (Action KM)

- KM still having problems linking Facebook and Twitter.

Club Charities: (Action KM)

- Creation of shortlist discussed. KM to send this round for committee to vote on.

401 Challenge: (Action ND)

- Ben has been nominated for awards. ND will share story to Facebook page.

3 **Newsletter**

- The meeting decided that there will be no club newsletter. Information will be shared via Facebook and email.

4 **Finances**

- ND advised meeting that there is £2,700 in account with one further Herepath invoice to come out and some Humdinger entries to go in.

- To protect from possible fraud PW asked if ND could tell him when she does a paypal transfer.

5 **Membership Rates 2016/17**

- EA have notified the club that the affiliated club cost will stay at £100 with membership to rise to £13 for individuals.
- The meeting agreed to raise the RFRC membership to £11 for unaffiliated and £18 for affiliated.

6 **George Hudson Award - Candidates**

- Further suggestions – Cathie Welchman and Goff Welchman.

7 **London Marathon – interim rules for club ballot**

- An email had previously been sent to committee members which the meeting unanimously agreed with.

8 **Herepath**

- PH reported good feedback following a successful event and money raised for Thurlbear School.

9 **Humdinger (Action PW & NP)**

- Race licence now in.
- DLO doing road closure – PW to check costs.
- PW will contact new police contact.
- Jan will organise marshalls again and will involve TRC who will be invited to the pre-run of the races.
- PW will order banners/flags.
- Club member Stephen Sampson has offered to provide groups of scouts to man 2 water stations and the race will make a contribution to their funds in return.
- RF getting hi-viz tail running bibs.
- Medals ordered.
- Some entries are in.
- NP will organise bananas for runners at the finish.
- NP will make contact with Tone FM to try to organise a link.

10 **Group Bandings (Action MB)**

- New bandings were agreed at the recent group leaders meeting. MB will publish. There will be 9 groups.
- It was agreed that new runners to the club need to be found and placed before the 6.30 call so everyone can find their group before it leaves.

11 **Beginners**

- New group will start on Thursday 6 January 2016 and will be promoted throughout December.
- KM and PW to run group with assistance from MB and Hannah Kirkman and club members who have recently had the benefit of the leadership course.
- Registration form has been updated in line with Run Britain.

12 **Website/News/Upcoming Races**

- The meeting agreed that it really is essential that the website is regularly updated.

- The meeting agreed to contact Ben Timpson to ask if he would like to join the committee to take on this role.

13 **AOB**

- KM: Warm-up. Goff Welchman had mentioned to KM about having a warm up prior to the run on Wednesday. Although the committee acknowledged that a warm up is essential they felt that group leaders should be advised to start slowly and runners told that warming up is recommended but, other than that, it should be each runner's own responsibility.
- PH: Ice Tags. The meeting agreed to ask for ICE details on the membership form but not to provide ice tags after this year. This is because people haven't collected ones already ordered – NP will send remaining ones by post. PW will give all committee members access to drop box with ICE details. (Action PW & NP)
- SW: Juniors. SW advised the committee that she is looking to start a junior running club which could possibly be connected to RFRC.
- SW: Club enquiries email. PW to give SW access to this email.
- PW: Risk assessments. If we require these MB has health and safety qualifications and may be able to assist.
- MB: Group leader tops. The meeting agreed that MB should contact Jual for cost of group leader tops.

Next committee meeting: 7 January 2016