

RFRC Committee Meeting

MINUTES

8:15pm Wednesday 12 August 2021

Linda's Garden

Present: Sandra (Chair), Peter, Linda, Simon D, Dave

1. Apologies

Michelle, Helen, Sam, Simon R, Ola, Mary

2. Review actions from last meeting

- All actions were carried forward – see table below

3. Updates to Covid risk assessments

Mary had advised there were no longer mandatory EA rules to follow and risk assessments no longer needed to be Covid specific. A discussion took place on which guidance the club needed to retain from an H&S viewpoint. Peter will update the group running guidance and create new risk assessments as part of a review of the EA club standards.

All groups will run from Belvedere Road on the first Wednesday of each month starting on 1 September although booking will still be required. Simon will promote a 'move up' session on 25 August.

4. Run&Talk week

Sandra has registered the club for this and it was agreed to have an 'open' session at Belvedere Road on Wednesday 22 September which Sandra will organise and promote.

5. Humdinger

Sandra proposed dispensing with chip timing and changing the course so that a road closure is no longer required. A new HQ would be required and the route would be slightly over half marathon distance and not accurately measured. This was agreed. Sandra will flesh out the details.

6. AOB

- Sandra to check with Simon if he is up to date with kit orders.
- Peter to post a final reminder aimed at the non-renewing members (73).
- Peter noted 31 members had signed up for the Adrian Edwards memorial run. Sandra had spoken to Martin about the length/time of the loops.
- Dave proposed the club enter a team for the proposed 'Unbreakable Men' sports festival. He will advertise.
- Simon will propose a Christmas running challenge for members.

7. Future meeting location

Sam to be asked to identify a suitable location in Taunton for future meetings (Kings Arms?)

8. Date of next meeting

6 October – venue TBA

| Action | By whom | Deadline |
|--|--------------|--------------|
| List of First Aiders | Sandra | Next meeting |
| Source supply of car stickers | Linda | Next meeting |
| Detailed proposal for a new Humdinger route | Sandra | Next meeting |
| Refer track issue to EA rep for mediation with TAC | Sandra | Ongoing |
| Update committee page on website | Ola | ASAP |
| Modify group running rules post Covid | Peter | ASAP |
| Amend member handbook for comment | Dave | Next meeting |
| Book Welfare Officer training | Mary/Dave | Next meeting |
| Contact Samaritans | Mary | Next meeting |
| Promote 'Move Up' session on 25 August | Simon | ASAP |
| Promote Run&Talk session on 22 September | Sandra | End August |
| Kit order status | Sandra/Simon | ASAP |
| Final reminder to non-renewing members | Peter | End August |
| Team for Unbreakable Men Sports Festival | Dave | ASAP |
| Propose Christmas running challenge | Simon | Next meeting |
| Location for future committee meetings | Sam | Next meeting |