

# Running Forever Running Club

## Welfare Statement

Running Forever Running Club aims to create an environment where all of our members are able to participate in club activities without being subject to any form of harassment, bullying, verbal or physical abuse, or excessive pressure. We want our members to enjoy their running, to have fun and to, above all else, feel safe.

Welfare covers a wide range of issues such as safeguarding and protecting vulnerable people, anti-bullying, striving for equality, preventing poor practice, and dealing with disciplinary and grievance matters. This statement should be viewed alongside our [Code of Conduct](#) and our [Grievance & Disciplinary Policy](#). In addition, we have adopted the UKA [Club Safeguarding Code of Conduct](#).

Our motto, 'No-one gets left behind', sums up our desire to be inclusive, encouraging and supportive.

To this end, the committee pledges to, wherever possible:

- Promote the safety of all club members and in particular, vulnerable people
- Provide a channel through which concerns and allegations can be reported
- Respond speedily to any reported concerns or allegations

Our group and session leaders are all volunteers but are encouraged to:

- Treat all members of their group equally and with respect
- Make considered decisions to ensure that safety is always the top priority

- Report any incidents that may impact on the welfare of someone in their group

There are a few things that all club members can do to help us achieve these aims:

- Abide by our club Code of Conduct
- Take responsibility for your own safety
- Look out for each other
- Report any concerns to the club Welfare Officers via [enquiries@runningforever.club](mailto:enquiries@runningforever.club)