

Risk Assessment: Running Forever Running Club

Date:	Assessed by:	Location :	Review:
/ /20	Peter Hall	Multiple	< Review Date>

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
GROUP RUNNING HAZARDS	Multiple possibilities (see detail below)	 Code of Conduct Group Running Guidelines EA Public Liability Insurance Next of Kin information readily available through Run Together app Booking system ensures club knows who is running and everyone is covered by Public Liability Insurance 		 H&S Policy approved Risk Assessment agreed Periodically review policy documents for accuracy Periodically remind members to read policy documents Encourage group leaders to get LiRF qualification Committee phone numbers for group leaders to call in event of an emergency 		C'tee C'tee Peter Peter Peter	6/4/22 6/4/22 1/1/23 1/1/23 14/4/22 14/4/22	
Trip/Slip hazards	Injury to runner	 Trail group leaders carry first aid kit Group leaders carry mobile phone Group leaders know who to call (e.g. 999, first aider, emergency 		 Incident procedures need formalising Policies need communicating First Aid training for group leaders as part of LiRF All in group leaders guidance 		Peter	14/4/22	Yes



		contact)				
Bad weather hazards (Met Office weather warning)	Injury to runners	Club captain assess' risk and if necessary cancels club session (mandatory in case of red warning)	Procedure to be formalised as part of group leaders guidance	Peter	6/4/22	Yes
Trail runners wearing inappropriate shoes/kit for conditions	Incapacity of runner in remote location	Group leader checks kit prior to run	Guidance for group leaders to be written	Peter	6/4/22	Yes
Collision with member of public	Injury to runner or member of public	Group leaders/runners shout warnings	•			
Collision with motor vehicle	Injury to runner	 Group leaders ensure runners stick to pavements when available or keep to left Runners wear hi-viz at dusk/at night Runners meet in safe location in car parks 	Spare Hi-viz available if forgotten by member Enforce meeting location at Belvedere Road	Simon R C'tee	9/2/22 Weekly	Yes
Too many runners in group for group leader to control	Group running rules not enforced leading to accidents	Booking System ensures groups limited to 15 runners	•			
Runner left behind and lost	Harm to runner	Looping rules enforced by group leaders	Guidance for group leaders to be written	Peter	6/4/22	Yes
Runner has virus infection	Other runners in group are infected	Group running guidelines reinforce need not to run when ill	•			
Incorrect advice given to runners	Injury	Coaching only carried out by or under supervision by CiRF qualified members	•			



Vulnerable adult not sufficiently cared for	Harm to vulnerable adult	Welfare Statement Trained Welfare Officers	Safeguarding Code of Conduct to be reviewed	Sandra		
Specific Track Risks				Sandra		
CLUB RACES						
Race Director does not follow obtain or follow permit conditions	Risk to club reputation	Race Directors responsible to and regularly report to the club committee	•			
Loss/damage to club property	Financial exposure	Inventories made and checked before/after races	Inventory Audit after Humdinger	Sandra		
Expenditure not monitored	Race makes loss	•	Procedure for race budgets to be prepared and expenditure monitored against them	Sandra		
Insufficient runners sign up	Race makes loss	Sufficient advertising	•			
FINANCE & PURCHASING						
Accounts not regularly monitored	Club has insufficient funds for unforeseen situations	Treasurer prepares regular reports for committee	Finance procedures need to be written	Michell e		
Purchases made without sufficient checking or authorisation	Financial exposure	•	Purchasing procedures need to be written	Michell e		
GDPR						
Personal information leaks	Information Commissioner investigation leading to fines	Privacy Policy Membership records moved to EA	 Existing records need to be reviewed and deleted according to privacy policy Membership procedures to be documented 	Peter Peter	31/12/22	
		•	•			



NB Copy and paste rows as required