

RFRC Annual General Meeting

5th May 2023 - 7.30pm

Taunton Vale

1. Apologies

Nadine Prouse, Emily Vining, Claire Allison, Louise Mackley, Claire Poole, Liz Williams, Peter Stretton, Brian Brown, Gill & Hannah Taunton, Cathy Paul Parmenter.

2. Treasurers Report

Opening balance for the year £8768.37, finished with £12613.11 in the bank before charity donations.

3. Charity donations

A donation of £2000 was made to the Taunton branch of the Samaritans.

4. Club Charity for 2023/24

The charity for 2023/24 will be St. Margaret's Hospice. Joanna Hall made a short presentation describing the work of the Hospice.

5. Chair's Report

See separate document below

6. Approval of Committee for 2023/24

All Club Officers and Committee Members were re-elected.

7. 2022 Club Championship

Sally Tuer and Ben Timpson were the female and male winners.

8. George Hudson Award Winner

Sarah Henderson was announced as the winner.

9. Mike Nicholls Award Winner

Kate Mackenzie was announced as the winner.

There being no further business, the meeting was closed and the quiz was started.

Chair's Report

INTRO:

- Welcome to the 2023 Club AGM
- Thanks for coming – participation is what makes the club what it is
- Special thanks to those actively involved in the running of the club: o Committee o Race Directors & Race Volunteers o Group Leaders o All of you!

SUMMARY:

- Start with those no longer with us – two of the nicest men you could ever meet o Adrian Edwards just passed 2-year anniversary o James Lewes just late last year – a huge shock to everyone o Please do sign up for the Solstice Run – will be a great way to remember them
 - Sat 24th June 9AM Trull Pavilion (lots of info in RFRC Members)
- Member Numbers – 325 members (168F, 157M), increase of 11 over 2021 o 25 new joiners in 2023 so far o Reminder to renew!
- Achievements o Georgie Brice – continues her amazing marathon run, including 12 in 12 o Some amazing events last year – coming off the back of covid o The DD – where we used to 'just' take part, now winning prizes. Men's third placed team – Dean second overall o A lot of firsts for people – including many new Ultra Runners at H2L and others. o At H2L Dean went one better than the DD and won the 100k – with special mention to Joanna G for H2L 100k o The Flat and Hilly 50 also drew a good crowd – including James L in the Hilly 50. o New member Nicola Kelly had a great run to finish first lady o Got back into things as a club – congrats to all of you who were out racing over whatever distance, and especially if you managed to grab a PB o 2022 also saw the 3rd foreign trip to Maspalomas on Gran Canaria. They are always a lot of fun – not necessarily the best preparation for a race. But do join us this year in Malaga if you can – there's a marathon and half marathon distance to choose from. o Special thanks to Sam W for arranging these trips – and a plug for the upcoming Summer Social in June o Congratulations to all those who completed London – again a real range of abilities from sub 2:50 times through to those completing a marathon for the first ever time (I suspect much to their surprise

in some cases!) o In all of this good news and excitement we mustn't forget those who have had repeated or prolonged periods of injury or illness.

- The committee are discussing options for ensuring the club remains inclusive for everyone during these periods when running isn't possible o Lastly – it's the club's 20th anniversary next year, so we'll be doing something special for that and are already working on it!