

RFRC Committee Meeting

MINUTES

8:00pm Wednesday 7th February 2024

Old Inn

Present: Simon D (Chair), Peter, Linda, Ben, Robin, Helen N, Sandra, Dave, Sam

1. Apologies

Helen P, Michelle, Joanna, Andrew

2. Review actions from last meeting

- Design and source supply of car stickers – Linda to design and source as part of 20th anniversary (ongoing).
- Meet the Committee article –ongoing (Joanna)
- Innovative running clothing proposal – designs delivered from college
- Make bags for flags – first bag complete, second in progress (Michelle)
- Ideas for 2024 anniversary celebrations – ongoing (sub-committee).
- Track risks to be sent to Peter – done (Sandra).
- Procedure for race budget preparation and expenditure monitoring – ongoing (Michelle).
- Agree Herepath date and apply for forestry permit – race to be held on 3rd Nov and awaiting reply from Forestry England – ongoing (Ben)
- Design & source new flags – design sent to Damon, action closed (Dave)
- Investigate payment options for goods – ongoing (Michelle & Ben)
- Investigate potential safeguarding issue – done (Helen N)
- Contact Jamie Hill re parkrun takeover – date agreed – see below (Simon)
- Foodbank run/collection date – this is happening now (Linda)
- Consider ideas for recruiting new group leaders – ongoing as part of Robin's role
- Foot & Gait clinic consultation arrangements – date to be agreed in Spring (Helen N)
- Club Championship results – to be communicated to club (Simon)
- Publicise Christmas run – done (Robin)

3. 20th Anniversary sub-committee update

Helen P had provided an update to the committee which was summarised by Linda. The following were agreed

- The sub-committee are able to agree the winners of the design competition
- £5 subsidy for club members at Christmas/Anniversary meal agreed

4. 2024/25 financial budget

Michelle has provided a budget which needs to be reviewed.

5. AGM ideas

Linda agreed to host another 'Quingo' and organise a raffle

6. Humdinger

Sandra reported that entries were going well and she was aiming for a total of 100. She believed there would be sufficient marshals.

7. parkrun

The RFRC parkrun takeover will be on 6 April. Ali Wasey will be run director.

8. Sunday groups

Simon reported that a member had suggested that there should be faster Sunday long trail runs. Currently there is a social group aimed at members who run in Wednesday groups 4-7. The new group would be targeted on groups 1-4. The overlap would allow for some flexibility but was not definitive as some faster runners may prefer a slower run on occasions. Simon would feed this back to the member in question.

9. 5 Ways to wellbeing course offer

It was agreed to hold this item over until Helen P can attend.

10. Run leader development

It was agreed that any initiatives fell under Robin's remit.

11. AOB

- Ben agreed to aim to post Wednesday runs by close of play on Sundays. Robin would chase non responders on the Friday. Peter can post if Ben is not available.
- Linda will talk to John Lewis about the future of the Taunton half/marathon.
- The criteria for entry into the club ballot for London marathon places will be reviewed later in the year
- Ben will post the offer to help tree planting in Wellington
- Dave & Linda will be stepping down from the committee at the AGM
- Robin will aim to publicise the 'move up' week prior to members booking their runs.
- Simon will talk to Andrew about club communications.

12. Date of next meeting

3rd April 2024

Action	By whom	Deadline
Design & source supply of car stickers	Sub committee	April 24
Meet the Committee article	Joanna	Next meeting
Procedure for race budget preparation and expenditure monitoring	Michelle	Next meeting
Apply for forestry permit for Herepath	Ben	ASAP

Investigate payment options for goods	Michelle/Ben	Next meeting
Foot & gait clinic consultation arrangements	Helen N	Next meeting
Communicate club championship results	Simon	Next meeting
Talk to John Lewis re Taunton half/marathon	Linda	Next meeting
Talk to Andrew re club communications	Simon	ASAP