

RFRC Committee Meeting

MINUTES

8:00pm Wednesday 5th February 2025

Old Inn

Present: Simon D (Chair), Peter, Helen P, Emma, Robin, Ben, Sandra, Darren, Michelle, Sam, Dan Devlin

1. Apologies

None

2. Co-option of new committee member

Simon introduced Dan Devlin to the meeting and proposed co-opting him on to the committee. This was seconded by Michelle and approved unanimously.

3. Review actions from last meeting

- Meet the Committee article – complete (Darren). Ongoing (Dan)
- Welfare Officer training, completed (Emma & Darren)
- Club news email – sent (Sandra/Peter).
- Promote Somerset Series – Robin will regularly promote Series races.
- Anniversary press release – done (Sandra).

4. Finance update

Michelle had posted a transaction summary. It was noted that there is nearly £15k in the bank. Michelle agreed to canvas members for ideas for what to do with surplus funds. Helen will produce a summary of anniversary expenditure.

5. 2025/26 subscription fees

After discussion it was agreed to hold the membership fee at £10. EA registration will be an extra £20.

6. Review number of active licenced leaders & coaches

Peter had posted an EA guide to club training practices and a summary of RFRC leaders & coaches. It was noted that we only have two licenced leaders although this is not an issue as our runs are classed as 'social' rather than 'training'. However it was agreed to continue to promote the LiRF course to our run leaders.

7. Group 9 demand

It was noted that group 9 had 18 runners in the previous week. This was due to an unknown leader using the app to add extra runners. Robin was asked to remind leaders that groups must not exceed 15 runners.

In the event that a group consistently has a demand exceeding 15 then the group should be split. Additional leaders may be required (see next item).

8. Training for (new) group leaders

Robin agreed to ask members what prevents them volunteering to lead groups. The results of the survey will inform what training may be required.

9. Grizzly issues

Simon summarised an issue with a member running the Grizzly course over private land against the race rules. The member in question has been disqualified from the race and has apologised. It was agreed that the club need take no further action.

10. Herepath and Humdinger/Hurtle updates

Ben has been unable to extract an invoice for the 2024 event (or a form for 2025) from Forestry England and asked Simon to email them as Club Chairman.

Sandra reported there were less than 30 entries for the Humdinger/Hurtle, although she was optimistic that this would increase before the race. It was agreed to encourage members to enter once the marshal positions were allocated. Sandra noted that the race may not be viable in future due to the resurrection of the Taunton Half.

11. 2025/26 Committee

It was noted with regret that Sam had decided to step down. Everyone else wished to continue subject to ratification at the AGM.

12. AOB

- Robin will arrange a parkrun takeover in April.
- Robin will get the club championship trophies engraved.
- Sandra reported she had 13 beginners and the course was going well. She will ask them to complete a membership form.
- Sandra volunteered to post some strength exercises on the website
- Simon will canvas the membership for ideas for the 2025/26 charity and then hold a poll.
- Darren will discuss the summer social runs at the next meeting.
- It was agreed to fix the Christmas period run dates at the October committee meeting
- Emma is planning a specific dog walk/run subject to following the club policy.

13. Date of next meeting

2nd April 2025. Sam agreed to find a new (quieter) venue

ACTIONS ON NEXT PAGE

Action	By whom	Deadline
Promote Somerset Series	Robin	Monthly
Update club championship on website	Ben	ASAP
Update welfare email forwarder	Ben	ASAP
Canvas members for ideas for surplus funds	Michelle	Next meeting
Summary of anniversary expenditure	Helen	Next meeting
Remind leaders groups must not exceed 15	Robin	ASAP
Canvas members on what prevents them volunteering to lead groups	Robin	Next meeting
Email Forestry England	Simon	ASAP
Arrange parkrun takeover	Robin	Next meeting
Engrave club championship trophies	Robin	AGM
Ask beginners to apply for membership	Sandra	ASAP
Meet the Committee article	Dan	Next meeting
Canvas members for 2025/26 charity ideas	Simon	Next meeting
New meeting venue	Sam	Next meeting