

RFRC Committee Meeting

MINUTES

8:00pm Wednesday 2nd April 2025

Old Inn

Present: Simon (Chair), Peter, Helen P, Darren, Michelle, Sam, Dan, Joanna

1. Apologies

Emma, Sandra, Ben, Robin

2. Review actions from last meeting

- Promote Somerset Series - ongoing (Robin)
- Update club championship on website – done (Ben)
- Update welfare email forwarder – done (Ben)
- Canvas members for ideas for surplus funds – to be included in 14 April email (Michelle)
- Summary of anniversary expenditure – to be completed for AGM (Helen)
- Remind leaders groups must not exceed 15 – done (Robin)
- Canvas members on what prevents them volunteering to lead groups – done but disappointing response (Robin)
- Email Forestry England – done (Simon)
- Arrange parkrun takeover – set for 12 April (Robin)
- Engrave club championship trophies – with Simon (Robin)
- Ask beginners to apply for membership – done (Sandra)
- Meet the committee article – done (Dan)
- Canvas members for 2025/26 charity ideas – done (Simon)
- New meeting venue – ongoing (Darren)

3. Finance update

Michelle had posted a transaction summary. She agreed to do this a few days before the meeting in future.

4. Humdinger de-brief

There had been positive feedback from the race and it had made a healthy profit. Discussion on the future of the race held over due to the absence of Sandra.

5. Monthly rota for Tuesday/Wednesday group leaders

Concern had been expressed that it was increasingly difficult to get leaders to come forward without chasing. It was suggested that a monthly rota might help but some felt that this might give rise to complications, given that many people do not plan their movements more than a week in advance. It was agreed to ask Ben to tag all leaders on his posts (@everyone) and see if that helps.

6. Incidents/first aid training

There was a lengthy discussion on what leaders should be expected to do in the event of a serious accident on a group run. It was agreed that the priority should always be to call the emergency services. Members should be encouraged to include their ICE contact on their EA and RunTogether profiles. Phone numbers for four committee members are available to leaders but these are for advice and not a substitute for 999/111.

A discussion on first aid training was held over in the absence of Sandra.

7. Document review

Peter proposed that all club documents be regularly reviewed (one per meeting). He asked that everyone read the Guidance for Group Leaders and Guidelines for Group Running and feedback any comments.

8. AGM preparation

The following actions were agreed for the 9 May meeting:

- Simon to ask for ideas for his annual report
- Simon to obtain the George Hudson and Mike Nicholls trophies from last years winners
- Helen will do a review of the 20th anniversary celebrations
- Helen/Michelle to investigate having a new base for the GH trophy made.
- Peter to order sportsshoes vouchers for winners
- Simon to ask Linda if she will organise/host a Quingo/raffle again.

Helen agreed to be nominated for a new term as President.

9. Nominations for recipient on George Hudson award

Peter nominated XX for contribution to the club over many years and this was agreed unanimously.

10. 2025 club events

It was agreed that Lisbon (25th October) was the preferred choice for the club overseas trip (to be confirmed following investigation into flight prices by Simon).

Joanna agreed to check Martin Webb is organising the Solstice run on 28th June

11. Group leaders app

Peter agreed to carry out a gap analysis on current regular leaders versus those with access to the app.

It was noted that there are ongoing issues with the app syncing with the RunTogether website.

12. Summer social runs

Darren will restart these. There will be a limit of 20 runners but if the numbers exceed 15 he will ensure the group is split with two leaders.

13. AOB

- Sam is stepping down from the committee and Simon presented her with gifts in thanks for her contribution over the years.

14. Date of next meeting

11th June 2025. Darren agreed to find a new (quieter) venue

Action	By whom	Deadline
Canvas members for ideas for surplus funds	Michelle	14 April
Summary of anniversary expenditure	Helen	AGM
Tag all leaders in posts for Wed run leaders	Ben	ASAP
Review group leader and group runner documents	All	14 April
Check flight prices to Lisbon	Simon	ASAP
Confirm solstice run with Martin Webb	Joanna	ASAP
Runner leader app access gap analysis	Peter	End April
New meeting venue	Darren	Next meeting