

RFRC Committee Meeting

MINUTES

8:00pm Wednesday 11th June 2025

Old Inn

Present: Simon (Chair), Peter, Helen, Darren, Dan, Joanna, Emma, Sandra

1. Apologies

Ben, Robin, Michelle

2. Confirmation of Committee Roles for 2025/26

- Membership Secretary – Peter Hall
- Webmaster – Ben Timpson
- Club Kit Manager – Joanna Gavins
- Welfare Officers – Emma Greig & Darren Purchase
- Social Secretary – Dan Devlin
- Club Captain – Robin Upton
- Marketing & Communications Officer – Simon to approach a possible candidate
- Coaching Co-ordinator – Sandra Moffat

3. Review actions from last meeting

- Canvas members for ideas for surplus funds – completed (Michelle)
- Summary of anniversary expenditure – completed (Helen)
- Tag all leaders in posts for Wed group leaders – completed (Ben)
- Review group leader and group runner documents – see item 10
- Check flight prices to Lisbon – too expensive (Simon)
- Confirm Solstice run with Martin Webb – done but more publicity needed (ongoing – Joanna)
- Run leader app access gap analysis – completed and more leaders given access (Peter)
- New meeting venue – agreed to continue with Old Inn for time being (Darren)

4. Finance update

Michelle had posted a transaction summary. 2024/25 accounts held over to next meeting. In the meantime Simon will arrange for a cheque for £2858.86 to be presented to St Margaret's Hospice at their forthcoming fundraising event.

5. First Aid training

Sandra has been in touch with Dan Brice who can offer training for £100 per person for a group of up to 12. There is also some basic online training from EA for £15. This led to a discussion about holding a training session for group leaders. Sandra will speak to Robin about arranging this.

6. Feedback from members

Peter had circulated an email from a member asking about LiRF and CiRF training for leaders which he had replied to. The club will subsidise LiRF courses but there has been little interest from leaders and those training in the past have let it lapse. It was also considered that a more formal approach to group leading would change the social nature of our runs.

7. Humdinger & Herepath race updates

Sandra is planning Humdinger/Hurtle races for 29 March 2026, following the success of the 2025 edition. Simon to ask Ben for an update on the 2025 Herepath race.

8. £3000 fund allocation

Peter had received suggestions from nine members. These were considered and ranked on the basis of applicability to the club rather than external parties. It was agreed that the following ideas would be taken forward:

- First aid training for group leaders as part of a 'leaders day' (Sandra)
- Hi-viz T shirts for active leaders (Joanna)
- Keep-sake for future AGM award winners (Robin)
- Coach to/from 2026 Ham & Lyme race (Peter's 100th ultra) (Dan)
- Coach to/from Christmas party or a greater subsidy (Dan)

9. International trips

It was agreed that Lanzarote and Palma would be the trips for 2025 and 2026. Dan to work with Paul Parmenter to promote Lanzarote.

10. Document approval

Guidance for Leaders and Guidelines for Group Running were approved with minor changes. Peter to publish.

11. Document review

There were no comments on the current Grievance & Disciplinary Policy. Peter to publish as an approved document.

12. Star of month idea

Robin had suggested this be considered but after discussion it was agreed that there were too many downsides in terms of workload and potential controversy.

13. Notch update

Helen reminded the meeting that 10% of Notch sales revenue go to the club charity. Simon will give her contact details for the Air Ambulance. It was agreed Helen could publish reminders to members linked to specific events.

14. Volunteer week 2026

Helen suggested that we should remember to thank our volunteers in June 2026.

15. AOB

- Sandra reported that some members were turning up to runs without booking, causing them to go over the 15 limit. Robin to remind members not to do this.
- Joanna spoke about new Taunton Stride running group and their use of social media but time ran out for a full discussion.
- Peter updated the current membership numbers, he will send out one more reminder and then resign all non-renewing members at end June.
 - 320 paid up
 - 17 renewing but not paid
 - 37 definitely not renewing
 - 66 no response.

16. Date of next meeting

6th August 2025. Darren to book Old Inn.

Action	By whom	Deadline
Further publicise Solstice run through group leaders	Joanna	ASAP
Approach candidate for Marketing & Comms role	Simon	ASAP
Arrange session for group leaders with Robin	Sandra	Next meeting
Contact Ben re Herepath race status	Simon	ASAP
Liaise with Paul Parmenter to publicise Lanzarote trip	Dan	Next meeting
Remind members they must book on to runs	Robin	ASAP
Investigate 2025 Christmas party venue	Dan	Next meeting
Provide contact details for Air Ambulance to HP	Simon	ASAP