

RFRC Committee Meeting

MINUTES

8:00pm Wednesday 5th August 2026

Kings Arms

Present: Simon (Chair), Peter, Robin, Emma, Isabelle, Pam, Darren

1.Apologies - Eliza, Sandra, Helen, Michelle

2.Actions from last meeting

Action	By whom	Action taken/ complete?	Carried forward to next meeting
Arrange training session for group leaders	Sandra/ Robin	Meeting set up 21 Oct in Kings Arms. To advertise (Isabelle), food/ venue to be available (Simon to book – mini-buffet and chips). To be run by Sandra and Robin with Pam, Simon, Emma to assist. Covering route planning, mapping, warm ups, medical info, dealing with issues which may arise	-
Reminder of online first aid training to group leaders	Emma	Complete	-
Set up buy/sell fb group for members	Sandra	Peter reported that Sandra has set up subpage of club facebook page, but not launched yet.	Yes (Sandra)
Speak to a group leader regarding pace/distance	Simon	Not yet.	Yes (Simon)
Investigate method for obtaining anonymous feedback from members	Michelle	Consider Survey Monkey/ Microsoft forms	Yes (Michelle)
Start Tuesday beginners trail group	Sandra	Possibly wait until next year as not started yet and nights will draw in soon.	Yes then for discussion in April 27 (Sandra)
Communicate subsidy and benefits of LiRF to group leaders	Pam	Complete. See below for details.	-
Publicise coach for Ham & Lyme	Simon	Complete – well done Peter and a great day out.	-
Complete Lead Welfare Officer training	Pam	Complete – cost £25 to be claimed via Michelle. Now a pre-requisite for a club licensed with EA.	
Obtain time trial proposal from Dan	Simon	Not yet.	Yes (Simon)
Proposal for additional kit to appeal to younger members	Darren	See below in main agenda	Yes (Darren)
Updated logo for ICEtags	Peter	Old suppliers are ghosting – so look for new supplier	Yes (Peter)

Christmas party quotes	Eliza	Venue chosen and booked for 80 places. See below	-
Find new leaders for G1-4	Robin	Joanna back for 4 but due to injury, ongoing problems. Review in 2 months.	Yes (Robin)
Clarity on use of club colours in EA licenced races	Peter	Complete	-

3.Finance update

Michelle had posted an update in the committee facebook group. £11267.26 across accounts. Expenses expected: £300-500 to TAC for track, Herepath costs, clothing orders for resized vests (via Flanci), cheque for £2084 to go to Air Ambulance to be arranged once bank details known.

4.Humdinger & Herepath race updates

Herepath – requires a route change due to Forestry work closing Staple Hill for 6 months. Sandra has submitted new route including some Piddlewood trails, to the Forestry team and awaits permission which is delaying opening the event (due to take place 1 Nov).

Humdinger – no update

5.Christmas Party

Rugby Club booked for 4 December with 80 places. Price of £39 for members and £45 for non-members. Possibly cap non-members at 10. Deposit to be paid imminently with balance due 20 November.

Actions: **Eliza** – check with venue if we can increase number of places if needed?

Eliza/ Isabelle – advertise and open bookings on RunTogether asap

6.Informal approach about a visually impaired runner

Raised by Helen on facebook. Person isn't know to us and we are unaware if they have a guide runner or of their pace? We have an EA-trained guide (Sally Tuer) who is also up-to-date with DBS. She isn't one the 'find a guide' site on EA – nearest guide to us is Susan who is based in South Petherton.. We require more information about the person so will ask Helen.

Actions: **Emma** to approach Sally to find out why she isn't on 'find a guide' and to see if she is interested in helping

Helen to find out more information about the person with VI

7.LiRF – four people have come forward (Dean Bennett, Raquel Nobre, Eliza Brodie, Tanya Downes. Club to subsidise £125 via EA vouchers an participants to find £50 each.

Actions: **Michelle** to arrange EA vouchers for £125 once the four have confirmed they wish to go ahead with this training.

Pam – check with EA that their new portal implementation won't impede training and whether it would be better to delay starting if so?

8.Welfare officer role –

Pam keen to promote role so Isabelle to work with Pam and Darren and revamp the last Welfare Officer post and ensure people are aware of the change of lead/ new information from EA and the change in how DBS are carried out.

Actions: **Pam, Isabelle and Darren**

9 Appeal to younger runners and their kit requirements:

Darren to ask 18-35 year olds what would appeal to them as younger club members – both for kit options and how club functions and the runs it offers? List of names via Peter. Option for kit would be print to order for individuals to choose kit from a range of suppliers with RFRC logos and designs e.g. Flanci. Would allow one-off kit choices such as shorter T-shirts etc.

Actions: **Darren** to survey from list of names produced by Peter

9. AOB:

Social media update

New approach by Isabelle – difficult with SCG and one article in eight weeks despite badgering. She has the contact details of the person and will persist!

Working through free race place offer by Bournemouth marathon team but proving tricky and so far, no free place to offer.

Social runs

Poor attendance at several but **Darren** due to restart end Aug/ early Sept.

London marathon place(s)

Due to come in early October. **Peter** to manage this time (again). **Emma** to look out for email.

10.Date of next meeting – Wed 7 October at 8pm. Kings Arms Skittle Alley.

Venue booked by Simon (with chips).